

Round Hill Country Club

2010 Swim Team

REGISTRATION

Welcome to RHCC Swim Team! Registration this year will be online from February 1st-14th. Please visit our team website at www.rhswim.com for more information.

SWIMMER FEES

14 & under swimmer*	15-18 year old swimmer
\$425 / 1 st swimmer	\$0
\$410 / 2 nd swimmer	
\$395 / 3 rd + swimmer	

*This year we will be offering two ways of paying your swim fees. You can pay your fees in one amount to be billed in April or you can split the amount, half billed in April and half in May. Please indicate when you register online which one you would prefer. If you are a not a club member, then you may pay by check. All checks should be payable to "Round Hill Country Club".

REGISTRATION FEES INCLUDE:

- Team swim suit
- T-Shirt
- Goal book
- Team meet entry fees
- Swim team dues
- Access & use of aquatics facility

REGULAR PROGRAM

Round Hill Swim Team is a recreational swim program that combines professionally managed training and competitive swim meets with friendship building, teamwork and fun. The team competes in 10- 12 meets from early June to late August, typically on Wednesday nights and Saturday mornings. During the week, swimmers practice every day, sometimes working on stroke improvement, and other times on conditioning.

Eligibility for the swim team is comprised of two components. First, a swimmer must be a member of a family with a Round Hill Country Club Golf, Tennis or Associate membership (Social members are not eligible), and that membership must be in good standing. Or the swimmer must be a grandchild of a club member. However, due to the smaller size of the older age groups, swimmers in the 15-18 age group do not have to be club members to participate. A Junior Swim Team Membership is available for 13-14 swimmers as well. Second, the swimmer **MUST** be capable of swimming freestyle across a 25-yard pool (stopping and resting periodically is ok), comply with the league rules including not participating in a USS program after Dec 31 (high school swimmers have a different cut-off date), can comprehend/focus on coaches directions and be willing to have fun.

***Each swimmer will be required to swim in a minimum of 4 dual meets, 3 of which must be Valley Swim Association (VSA) dual meets. Failure to do so may result in that swimmer becoming ineligible for the 2010 swim season.** For those swimmers who cannot commit to the 4 meets or prefer a swim-camp environment, the RH Aquatics Department will be offering additional programs to fill those needs. Please keep in mind that this is a competitive team and a reasonable commitment is required. Coaches will distinguish certain meets as "Mandatory," meaning that swimmer participation is vital for the team to be successful in the meet.

PARENT PARTICIPATION

The monetary fees that you pay cover only a fraction of what is needed to run the swim team. Operation of the swim meets and team activities requires an enormous amount of labor, and Round Hill Country Club does not provide staffing for the swim meets. Without the participation of all volunteer workers, we would not be able to conduct meets.

Each family is required to work several jobs during the season, one of which must be at the League Championship.

Priority job registration will be awarded by early online swim team registration. Swim Team registration will open February 1st. The first 10 families to register will be given the first job sign-up, and so on. Job sign-ups are online through Sign Up Genius. It takes about 1 minute to select all of your jobs. Quantity of jobs will be finalized after registration and before the job sign-up date, but it typically is three to five jobs. **Every family MUST either work or find a substitute for the League Championship meet even if you are not participating in the meet.**

Once you sign-up, those jobs are yours and will not be changed without your consent. Likewise, once you sign-up, those jobs are your responsibility to fulfill, no matter what the situation. If you cannot work a job, then you must find a replacement on your own (Round Hill will not handle replacement workers, substitutions or provide a list of replacements). **Failure to fulfill your job, including leaving early or arriving late, will result in a \$150 assessment per missed job.** Assessments will be submitted to and collected by the RH Country Club. Failure to pay assessments may result in a loss of club membership.

PLEASE NOTE:

- Families with only a "HOT SHOT" do not work jobs
- Families with **only** 15-18 swimmer(s) are exempt from all job responsibilities

SWIM WEAR & EQUIPMENT

All swimmers are required to wear the current Round Hill swim team swimsuit to meets which is included in your swim fees this year. Additional team gear for kids and adults (towels, sweats, etc) may be bought or ordered from The Swim Shop at the Club. You can order team apparel at the Swim Team Kick-off on March 21, 2010.

Swimmers are required to have fins for practice. Swimmers in the 13-14 and 15-18 age groups are also required to have stroke paddles. The coaches have ordered their preference in type of fins and paddles, which will be available in the Swim Shop. Caps, goggles, and practice suits are also available in the swim shop.

ADDITIONAL INFORMATION

For additional information regarding membership and swim team, please contact the Aquatics Director, Hillary Halvorson, at (925) 934-8211 ext. 357 or aquatics@roundhillcc.org, or check our website at www.rhswim.com.

For additional information regarding the swim team or our various programs, please contact the Head Swim Coach, Liv Lyons, at llyons@roundhillcc.org.

PRACTICE SCHEDULE

April 19th: Pre-season begins.

6 & u	3:30- 4:30 PM
7-8s	4:15- 5:30 PM
9-10s	5:15- 6:30 PM
11-18s	6:00- 7:30 PM

June 11th: Regular season practice begins. *The schedule below is subject to change.*

9-10s	7:45- 9:00 AM
11-12s	8:45- 10:00 AM
13-18s	9:30- 11:15 AM
7-8s	11:00- 12:15 AM
6 & u	12:00- 1:00 PM
Hot Shots	1:00- 1:30 PM